

## WELCOME TO OUR NEWSLETTER

#### **Your School Meals Provision**

Dear Parent /Carer,

We are delighted to inform you that Mellors Catering Services will be providing catering at Trinity Richmond-School from 1 September 2020. We look forward to be working with the staff and parents to encourage more children to choose a nutritional meal at school.



### **Notice**

All pupils at KS1 level are automatically entitled to Universal Infant Free School Meals. There is no need to register, just let the school office know of your intention to take up this free opportunity



# Our Company Nutritionists TIPS:-

1:Adding vegetables into the main meal is a great way to ensure you have your 5 a day intake

2: We should try food items at least 10 times before we say we don't like them.



#### **Pupil Forum**

We will be introducing a Pupil Form, for those pupils who wish to offer the opinions of themselves and their class friends to further develop the menus. Also to work closely with the catering staff to help with tasting new samples of food to put together the new menus for the Summer.

#### **Encouraging a Healthy Diet**

We can't wait to be an integral part of school life and look forward to the opportunity to deliver fun healthy eating assemblies, bread and pasta cookery lessons and attending school parents evenings to answer any queries you may have about school lunches.

We have a Mellors Big Red Bus that will also be making a trip to the school in the future... Beep Beep!!

#### **Feedback**

The onsite catering team welcome any suggestions you may have regarding menu choice, and we invite you to come and speak to us about any specific dietary requirements your child may have.

Please either speak directly with your school and your school catering team.



We look forward to continuing to build a healthy school meal relationship with you all and serving your child great, tasty food.

#### News.

Did you know that we only use semi skimmed milk, low fat mayonnaise and low fat yoghurt in all of our recipes and dishes we provide to the pupils.

